TOWN OF WINDSOR
PARKS & RECREATION DEPARTMENT

SUMMER 2026 RECREATION GUIDE



Parks Make Life Better!℠

Llame al 838-1260, para información en español y registrarse en nuestros programas!





Town of Windsor
CALIFORNIA

TOWNOFWINDSOR.CA.GOV/REGISTRATION

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WINDSOR PARKS AND FACILITIES MAP

Town of Windsor
CALIFORNIA

PARKS AND FACILITIES MAP

Your destination for health and wellness



WINDSOR PARKS AND TRAILS

1. **Acorn,** 7543 12th Hole Dr.
2. **Esposti,** 6000 Old Redwood Hwy.
3. **Hiram E. Lewis Park and Trail,** 9680 Brooks Rd. S
4. **Keiser Park and Pump Track,** 700 Windsor River Rd.
5. **Lakewood Meadows,** 9150 Brooks Rd. S
6. **Los Robles,** 10860 Rio Ruso Dr.
7. **Michael A. Hall,** 431 Jane Dr.
8. **Old Vineyard,** 8452 Stomper Dr.
9. **David Smith Memorial (Formerly Pleasant Oak)**
   Chuck Williams Dog Park, 302 Sugar Maple Ln
10. **Pueblo Viejo,** 45 Third St.
11. **Quail Run,** 7765 Foppiano Wy.
12. **R.T. Mitchell,** 7501 12th Hole Dr.
13. **Robbins,** 100 Billington Ln.
14. **Shadetree,** 8457 Shadetree Dr.
15. **Starr Creek Park and Trail,** 481 Decanter Cir.
16. **Sutton,** 1030 Robbie Wy.
17. **Town Green,** 701 McClelland Dr.
18. **Vintage Oaks,** 1201 Mitchell Ln.
19. **Wilson Ranch Soccer Park,** 7955 Cameron Dr.

20. **Brooks Creek Trail**
21. **Pool Creek Trail**
22. **Trione Trail**
23. **Windsor Creek Trail**

TOWN FACILITIES

Bluebird Center, 15 Bluebird Dr.
Town Hall, 9291 Old Redwood Hwy.
Community Center, 901 Adele Dr.
Hembree House Museum,
9225 Foxwood Dr.
Huerta Gym, 9291 Old Redwood Hwy, Bldg. 200
Windsor Senior Recreation Center
9231 Foxwood Dr.
Windsor Regional Library
9291 Old Redwood Hwy, Bldg. 100
(707) 838-1020

SONOMA COUNTY REGIONAL PARKS

Foothill, 1351 Arata Ln.
Riverfront, 7821 Eastside Rd.
Shiloh Ranch, 5750 Faught Rd.

Town of Windsor Parks and Recreation | (707) 838-1260 | www.townofwindsor.com | 9291 Old Redwood Highway, Bldg 300D, Windsor, CA 95492

WINDSOR PARKS AMENITIES

WINDSOR PARKS AMENITIES

Parks Make Life Better!®

	BBQ Grill	Basketball Court ■ = lit courts	Bocce Court	Children's Play Area (2-5 yrs)	Children's Play Area (5-12 yrs)	Concession Stand	Dog Park	Fitness Equipment	Hardball Field	Horse Shoe Pit	Irrigated with Recycled Water	Open Grass Area	Picnic Area ■ = Group picnic area	Pump Track	Restroom Facility	Softball Field	Soccer Field ■ = lit field	Stage Performance Area	Tennis/Pickleball Courts ■ = lit courts	Volleyball Court	Walking Path	Water Bottle Fill Station
COMMUNITY PARKS																						
Esposti - 10 Acres 6000 Old Redwood Highway	●								●	●		●	●		●	●	●					
Hiram Lewis - 16 Acres **Pat Elsbree Skate Park** 9680 Brooks Rd. S.	●	●	●	●	●	●						●	■		●	●	●		■		●	●
Keiser - 27 Acres 700 Windsor River Road	●	●		●	●	●	●		●		●	●	■	●	●	●		●			●	
Town Green - 4.5 Acres 701 McClelland Drive				●	●						●	●	■		●			●			●	●
Wilson Ranch Soccer - 10 Acres 7955 Cameron Drive	●					●					●	●	■		●		■					●
NEIGHBORHOOD PARKS																						
Acorn - .3 Acres 7543 12th Hole Drive				●	●																	
Lakewood Meadows - 4.5 Acres 9150 Brooks Road South	●	■	●	●	●							●	●				●				●	●
Los Robles - 2.5 Acres 10860 Rio Ruso Drive	●			●	●					●		●	●									
Michael A. Hall - 5 Acres 431 Jane Drive	●			●	●							●	●							●	●	
Old Vineyard - 4.6 Acres 8452 Stomper Drive				●	●						●	●	●								●	
David Smith Memorial - 8.5 Acres (formerly Pleasant Oak) 302 Sugar Maple Lane	●			●	●		●			●		●	●								●	
Pueblo Viejo - .3 Acres 45 Third Steet	●	●			●								●									
Quail Run - .5 Acres 7765 Foppiano Way				●	●						●		●									
R.T. Mitchell - 1 Acre 7501 12th Hole Drive													●									
Robbins - 5 Acres 100 Billington Lane	●			●	●							●	●								●	
Shadetree - .25 Acres 8457 Shadetree Drive																						
Starr Creek - 4.2 Acres 481 Decanter Circle								●			●	●									●	
Sutton - 2 Acres 1030 Robbie Way	●	●			●					●		●	●									●
Vintage Oaks - 3.9 Acres 1201 Mitchell Lane	●	■	●	●	●						●	●	■								●	
SONOMA COUNTY REGIONAL PARKS (707) 565-2041 | parks.sonomacounty.ca.gov/																						
Foothill - 211 Acres 1351 Arata Lane													●		●						●	
Riverfront - 300 Acres 7821 Eastside Road	●									●			■		●					●	●	
Shiloh Ranch - 845 Acres 5750 Faught Road	●											●	■		●						●	

Town of Windsor Parks and Recreation | (707) 838-1260 | www.townofwindsor.com | 9291 Old Redwood Highway, Bldg 300D, Windsor, CA 95492

REGISTRATION INFORMATION

Parks Make Life Better!

Town of Windsor
CALIFORNIA

HOW TO REGISTER ONLINE

Create your recreation account by visiting www.townofwindsor.ca.gov/registration and follow the instructions to sign the waiver prior to getting registered.

PLEASE NOTE

We reserve the right to cancel any course which has not met our minimum number of students. Classes and programs that have not met the minimum will be cancelled five business days before the start date of the class or program. Please register early to avoid cancellation of courses due to not fulfilling the minimum registrations.

REFUND POLICY

More than five business days before the date of the first class, participants may withdraw and receive a refund less a $5 processing fee per transaction. After five business days before the date of the class, no refunds will be given.
A full refund will be issued only if a class or activity is canceled by the Parks & Recreation Department. Refunds take approximately three weeks to process.

COMO REGISTRARSE EN LINEA

Genere una cuenta de recreación en www.townofwindsor.ca.gov/registration y siga las instrucciones para firmar la exención antes de registrarse.

TOME NOTA

Nos reservamos el derecho de cancelar cualquier curso que no haya alcanzado nuestro número mínimo de estudiantes. Las Clases y programas que no hayan alcanzado el mínimo serán cancelados cinco días hábiles antes de la fecha de inicio de la clase o programa. Por favor regístrese temprano para evitar la cancelación de cursos por no cumplir con el mínimo de inscripciones.

POLÍTIA DE REEMBOLSO

Más de cinco días laborables antes de la fecha de la primera clase, los participantes pueden retirarse y recibir un reembolso menos una tasa de tramitación de 5 $ por transacción. Después de cinco días hábiles antes de la fecha de la clase, no se harán reembolsos. Sólo se efectuará un reembolso completo si el Departamento de Parques y Actividades Recreativas cancela una clase o actividad. Los reembolsos tardan aproximadamente tres semanas en procesarse.

RECREATION SCHOLARSHIPS
BECAS DE RECREACIÓN

ACCEPTING SCHOLARSHIP APPLICATIONS

The Town of Windsor offers financial assistance to eligible Windsor families. Our mission is to make recreational opportunities accessible for all Windsor youth. Eligible families may qualify up to $200 per family while funds last.
For applications and qualifications go to www.townofwindsor.ca.gov/scholarships
For assistance call 707-838-1260







ACEPTANCIÓN DE SOLICITUDES DE BECAS

La ciudad de Windsor ofrece asistencia financiera a las familias elegibles de Windsor. Nuestra misión es hacer que las oportunidades recreativas sean accesibles para todos los jóvenes de Windsor. Las familias elegibles pueden calificar hasta $200 por familia mientras fondos sean disponibles.
Para requisitos y aplicación, vaya a www.townofwindsor.ca.gov/scholarships
Para asistencia, llame al 707-838-1260

PRESCHOOL ENROLLMENT
INSCRIPCIÓN PREESCOLAR DE OTOÑO

PRESCHOOL PROGRAMS
PROGRAMAS PREESCOLARES



The goal of the Town of Windsor's Preschool Program is to offer programs to preschool aged children that provide a foundation for a lifetime of learning and a strong sense of community. Each of our three programs offer a different focus so that parents have a choice. Kinderclub and Children's Circle have an option of MW and/or T/Th session from 9AM - 12PM. Montessori in Motion runs T-Th from 9AM -1 PM. For more information or to register, contact Lara Brown at (707) 838-1252 or lbrown@townofwindsor.ca.gov

2026- 2027 School Year Registration Open Now!

Program	Age	Days	Time
Children's Circle	2.5 - 3+	M/W &/or T/Th	9:15am - 12:15pm
Kinderclub	3 - 5 yrs	M/W &/or T/Th	9:00am - 12:00pm
Montessori in Motion	3 - 5 yrs	T, W, & Th	9:00am - 1:00pm





For more information and to register
www.townofwindsor.ca.gov/preschool or call 707-838-1252

PRESCHOOL SUMMER CAMPS
CAMPAMENTOS DE VERANO PREESCOLARES

$160R/$170NR
Ages 3.5 - 5.5
9:00am - 12:00pm
Tuesday - Thursday, 2 Week Sessions

These two-week, theme-based preschool camps are designed for play and learning with daily activities that will include art, story time, outside playtime, science, sensory play, and cooking. Children need to bring a water bottle and nutritious snack.

CHILDREN MUST BE FULLY POTTY TRAINED.
Instructed by Town of Windsor Preschool Staff
Held at the Bluebird Center



Dates	Theme	Course ID
June 16 - 25	A Camping We Will Go!	#7291
June 30 - July 9	Clowning Around at the Carnival	#7292
July 14 - 23	Ocean Adventures	#7293



CAMP WINDSOR
CAMPAMENTO DE WINDSOR






DAYS:
Monday - Friday

TIMES:
AM Extended: 7:30 - 9:00 AM
Full Day: 9:00 AM - 3:30 PM
PM Extended: 3:30 - 5:30 PM

AGES:
5.5 - 10 years old

FEE:
Full Day: $215R/$225NR
AM Extended: $30R/$35NR
PM Extended: $35R/$40NR*

LOCATION:
Windsor Community Center
901 Adele Drive

*No PM Extended Care on 7/3. Week 3 PM Extended Care $28R/$33NR

Come experience all of the fun of summer at Camp Windsor! Your camper will participate in arts and crafts, games, cooking, science projects and more. Campers will get to visit the pool at the Senior Recreation Center on Fridays for some swimming fun! Each week campers will experience all the fun that Camp Windsor has to offer!

Instructed by Town of Windsor Recreation Staff

DATES	THEME	COURSE
June 15 - 19	3...2...1...Blast off!	#7353
June 22 - 26	Colorful Carnival	#7354
June 29 - July 3*	Backyard Bonanza	#7355
July 6 - 10	Crazy Culinary	#7356
July 13 - 17	Wacky Water Week	#7357
July 20 - 24	Silly Scientist	#7358
July 27 - 31	Tropical Paradise	#7359
August 3 - 7	Best of The Best	#7360

CAMP WINDSOR
CAMPAMENTO DE WINDSOR

COUNSELOR IN TRAINING (C.I.T.)

The Town of Windsor is offering an opportunity for youth 11 - 15 years of age to participate in our camps through our Counselor-in-Training programs. This is a great opportunity to acquire work experience by assisting camp staff in the supervision, set-up and clean-up of activities, while sharing in the fun and excitement of the camp program. C.I.T.'s are required to attend every day of the session they sign up for.

There are two spaces open per week for C.I.T's and one space for Jr. C.I.T's Participants can sign up for just one of the weeks offered. Registration is on a first come, first serve basis.



Jr. C.I.T.
Ages 11 - 12
Half-Day
9:15am - 12:15pm

Date	Cost
Jun 22 - 26	$50R/$55NR
Jun 29 - Jul 3	$50R/$55NR
Jul 6 - 10	$50R/$55NR
Jul 13 - 17	$50R/$55NR
Jul 20 - 24	$50R/$55NR
Jul 27 - 31	$50R/$55NR

C.I.T.
Ages 13 - 15
Full-Day
9:15am - 3:45pm

Date	Cost
Jun 22 - 26	$75R/$80NR
Jun 29 - Jul 3	$75R/$80NR
Jul 6 - 10	$75R/$80NR
Jul 13 - 17	$75R/$80NR
Jul 20 - 24	$75R/$80NR
Jul 27 - 31	$75R/$80NR

To register, contact Vanessa Camacho at 707-836-2309 or vcamacho@townofwindsor.ca.gov. You can also visit the Parks & Recreation Office located at 9291 Old Redwood Hwy Bldg 300D.







YOUTH CAMPS
CAMPAMENTO JUVENIL

SPORTS SPECTACULAR CAMP
CAMPAMENTO DEPORTIVO ESPECTACULAR



Sports Spectacular Camp is the ultimate destination for young athletes looking to have a blast and make new friends! Whether your child is passionate about soccer, basketball, dodgeball or just fun tag games; our camp offers a variety of fun games and activities tailored to their interests. From friendly competitions to team challenges, every day is different!

Instructed by Town of Windsor Recreation Staff
Held at the Huerta Gym

Ages 7 - 10
9:00am - 12:00pm

Date	Cost	Course ID
Jul 20 - 24	$100R/$110NR	#7337



PLAYWELL TEKNOLOGIES CAMPS WITH LEGO® MATERIALS



Play-Well TEKnologies provides project-based programs designed to teach principles and methods of engineering to children using LEGO®. Our curriculum is designed by engineers, building on the math and science skills students learn during the school year. Utilizing over 20,000 pieces of LEGO® for each class, we engage our students in solving real-world engineering challenges that explore concepts in physics, architecture, and engineering.

Instructed by Playwell TEKnologies Staff
Held at the Huerta Gym

DINO DESIGN USING LEGO MATERIALS
Ages 5 - 7
9:00am - 12:00pm

Date	Cost	Course ID
Jun 22 - 26	$275R/$285NR	#7411

JURASSIC ENGINEERING USING LEGO MATERIALS
Ages 7 - 12
1:00 - 4:00pm

Date	Cost	Course ID
Jun 22 - 26	$275R/$285NR	#7412

YOUTH CAMPS
CAMPAMENTO JUVENIL

YOUTH TENNIS CAMP
TENIS JUVENIL



This is a beginners tennis camp where kids will learn the basics and play a variety of games to build skills. Get ready to learn to hit forehand and backhand ground strokes, volleys, and serves. Mr. Whitney has 20+ years experience teaching youth.

Instructed by Xerxes Whitney
Held at Hiram Lewis Tennis Courts

Ages 7 - 13
9:00 - 11:30am
Monday - Thursday

Date	Cost	Course ID
Jul 6 - 9	$140R/$150NR	#7329
Jul 13 - 16	$140R/$150NR	#7331
Jul 20 - 23	$140R/$150NR	#7332
Jul 27 - 30	$140R/$150NR	#7333
Aug 3 - 6	$140R/$150NR	#7335

FENCING AND ARCHERY ADVENTURE CAMP
CAMPAMENTO DE ESGRIMA Y TIRO CON ARCO



Learn to fence and shoot a bow! This fun camp is created with the beginning fencer and archer in mind. Bringing the ancient art of dueling into the modern world, instructor Jim Liebich teaches the modern style of the exciting sport of fencing. Camp participants also get to learn how to shoot a bow, playing the fun game called Warbow. Warbow is like Dodgeball, but with bows and foam-tipped arrows. One incredible week of fencing, archery, cross-training, games and more will give students a solid foundation in these Olympic sports, and a summer camp experience they'll NEVER forget. All equipment is provided. Be sure to dress for exercise and bring a hefty snack.

Instructed by Jim Liebich
Held at the Huerta Gym

Ages 7 - 12
1:00 - 4:00pm
Monday - Friday

Date	Cost	Course ID
Jul 13 - 17	$200R/$210NR	#7336



Skate Park

9680 Brooks Rd. So., Windsor

OPEN DAILY

8:30am-7:00pm
(March-Nov.)
8:30am-5:00pm
(Nov.-March)

Pump Track

Keiser Park
700 Windsor River Rd.

OPEN DAILY

Sunrise to Sunset
Weather Permitting



YOUTH CAMPS
CAMPAMENTO JUVENIL

NATIONAL ACADEMY OF ATHLETICS
BASKETBALL CAMPS
CAMPAMENTOS DE BALONCESTO

NEW!



Players who are interested in developing individual and team skills will learn a lot at this camp. Drills include ball-handling, passes and offense, defense, footwork, movement skills, and layups. Skills-based challenges will be combined with games and other small-sided competitions. Basketball is an excellent sport for teaching children the importance of teamwork, hard work, determination, winning and losing with dignity, and mental and emotional stability. Kids will PLAY HARD and HAVE FUN!

Instructed by National Academy of Athletics
Held at Huerta Gym

Ages 10 - 12
9:00am - 12:00pm

Date	Cost	Course ID
Jul 6 - 10	$162R/$172NR	#7389
Jul 27 - 31	$162R/$172NR	#7390
Aug 3 - 7	$162R/$172NR	#7391

NATIONAL ACADEMY OF ATHLETICS
PICKLEBALL CAMPS
CAMPAMENTOS DE PICKLEBALL

NEW!



The world's fastest-growing sport is now a camp your kids will love. Pickleball has been described as a combination of tennis, badminton & ping pong. The game is easy to learn and tons of fun. Pickleball helps kids learn hand-eye coordination, agility and balance, and provides social interaction in a team setting. Campers are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning, and scoring.

Instructed by National Academy of Athletics
Held at the Hiram Lewis Park Pickleball Courts

Ages 7 - 13
9:00am - 12:00pm

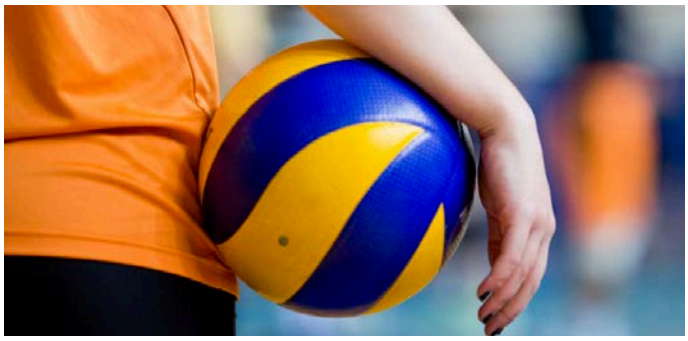
Date	Cost	Course ID
Jun 15 - 19	$162R/$172NR	#7379
Jul 13 - 17	$162R/$172NR	#7380



SCAN HERE TO APPLY FOR A JOB ONLINE!

YOUTH PROGRAMS
PROGRAMAS JUVENILES

YOUTH VOLLEYBALL



Wednesdays
Ages 8 - 13
In this class, participants will learn the game of volleyball in a fun and interactive setting. Fundamental skills include: serving, passing, setting, and hitting. These skills will be developed through drills and teamwork at the start of each class, and will end with a game.
Instructed by Town of Windsor Staff
Held at the Huerta Gymnasium

Ages 8 - 9
4:30 - 5:30pm

Date	Cost	Course ID
Jun 24 - Jul 15	$52R/$57NR	#7327

Ages 10 - 13
5:30 - 6:30pm

Date	Cost	Course ID
Jun 24 - Jul 15	$52R/$57NR	#7328

SUMMER HOOPERS CLINIC



Tuesdays
Ages 5 - 9
This 4-week Summer Hoopers Basketball Clinic is for children interested in learning the fundamentals of the sport of basketball or keeping their existing skills fine-tuned in the off season. This once a week clinic will teach the fundamental basics of basketball. Come out for some summer fun and educational hoops!
Instructed by Town of Windsor Rec Staff
Held at the Huerta Gymnasium

Ages 5 - 6
4:30 - 5:30 pm

Date	Cost	Course ID
Jun 23 - Jul 14	$44R/$49NR	#7325

Ages 7 - 9
5:45 - 6:45 pm

Date	Cost	Course ID
Jun 23 - Jul 14	$44R/$49NR	#7326

REC PARTIES IN THE PARK
FIESTAS EN EL PARQUE



Wednesdays
4:30 - 6:00 PM
ALL AGES - NO REGISTRATION REQUIRED

Rec Parties in the Park are free and open to all ages! Join us for an afternoon of relay races, sports activities, lawn games, snacks, raffle prizes and more! Parties conclude with Adults vs. Kids Dodgeball!
Facilitated by Town of Windsor Rec Staff
Held at a different park each week

REC PARTY DATES & LOCATIONS

Date	Park	Cost
Apr 8	Los Robles Park	Free
Apr 15	Old Vineyard Park	Free
Apr 22	Michael A. Hall Park	Free
Apr 29	Vintage Oaks Park	Free
May 6	Starr Creek Park	Free
May 13	Robbins Park	Free

YOUTH PROGRAMS
PROGRAMAS JUVENILES

CLASH & DASH DODGEBALL CLINIC
CLASH & DASH CLÍNICA DE DODGEBALL



Tuesdays

Ages 7 - 9

4:30 - 5:30pm

Date	Cost	Course ID
May 12	$10R/$15NR	#6895

Tuesdays

Ages 10 - 12

5:45 - 6:45pm

Date	Cost	Course ID
May 12	$10R/$15NR	#6896

Come learn to play a great game the right way with sportsmanship and integrity! Participants will rotate through drill stations that teach the fundamentals and will then play various types of dodgeball games. Prizes will be distributed at the end of the session!

Instructed by Town of Windsor Staff.
Held at Huerta Gym

TEEN CPR, AED & FIRST AID
RCP, DEA Y PRIMEROS AUXILIOS PARA ADOLESCENTES



Sundays

Ages 11 - 17

10:00am - 2:00pm

This class is designed to teach teens how to respond to first aid emergencies with first aid basics, rescue breathing, use of an AED, how to manage a choking emergency and properly administer CPR. It will cover some beginning babysitting basics. Upon completion, students will receive a CPR, AED & First Aid certification through the American Heart Association that is valid for two years.

****An additional $50 materials fee will be paid to instructor at start of class (Cash, check, or Venmo can be paid to Erin Cardiff - instructor)**
Instructed by Erin Cardiff
Held at the Huerta Gymnasium.

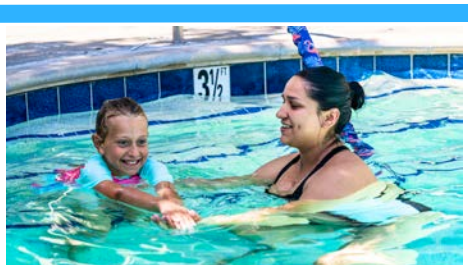
Date	Cost	Course ID
June 14	$65R/$70NR	#7424

Summer Registration opens Wednesday, April 1 at 10:00 am

To prevent classes from cancelling, please register at least two weeks in advance of the start of the program.

YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES

USE THIS GUIDE TO HELP DECIDE WHAT LESSON TO ENROLL YOUR CHILD IN



3 YEARS OLD

TADPOLES



4 YEARS OLD

TADPOLES
If they have never swam before or are uncomfortable in the water

WATERFROGS
If they are able to hang on the side of the pool comfortably for the entire lesson

5 YEARS OLD

WATERFROGS
If this is their first swim lesson

MINNOWS
If they are comfortable with fully submerging their head underwater

LEVEL 1
If they can front/back float unassisted & swim at 50% unassisted

6 YEARS OLD

SEA OTTERS
If they are a first time swimmer or unsure in the water

MINNOWS
If they comfortable fully submerging their head under water

LEVEL 1
If they can front/back float unassisted & swim at 50% unassisted

LEVEL 2
If they can swim freestyle 50% unassisted and have attempted side breathing

LEVEL 3
If they can swim freestyle and backstroke with side breathing 75% unassisted

7 - 9 YEARS OLD

SEA OTTERS
If they are a first time swimmer or unsure in the water

LEVEL 1
If they can front/back float unassisted & swim at 50% unassisted

LEVEL 2
If they can swim freestyle 50% unassisted and have attempted side breathing

LEVEL 3
If they can swim freestyle and backstroke with side breathing 75% unassisted

10 - 12 YEARS OLD

LEVEL 1
If they can front/back float unassisted & swim at 50% unassisted

LEVEL 2
If they can swim freestyle 50% unassisted and have attempted side breathing

LEVEL 3
If they can swim freestyle and backstroke with side breathing 75% unassisted

YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES

PLACEMENT GUIDELINES FOR GROUP LESSONS / PAUTAS DE COLOCACIÓN PARA LECCIONES EN GRUPO

The seven different **Group lesson** options listed below are held at the Windsor Senior Recreation Center (WSRC), located at 9231 Foxwood Drive in Windsor. They are available for youth ages 3 - 12. These Weekday group lessons are comprised of eight 25-minute lessons.

Tadpoles (3-4 yrs): An introductory-level water orientation class. Children will work on being comfortable in the water while learning basic skills such as breath holding, blowing bubbles, submerging the face by bobbing underwater, and supported kicking and floating. Class is taught on the pool steps.

Waterfrogs (4-5 yrs): Prerequisites: Must have passed Tadpoles and **can hang on the wall the entire class**. This class is taught away from the pool steps; students will not be able to touch the pool bottom. Skills in face submersion and breath control will be strengthened. Will be introduced to unsupported back and front floats, scooping, flutter kicking, and gliding.

Minnows (5-6 yrs): Prerequisites: Must have passed Waterfrogs. Skills in unsupported floating, flutter kicking, and gliding will be strengthened and students will be encouraged to swim independently for up to 10 yards. Introduction to elementary backstroke arms, front and back crawl, and swimming underwater.

Sea Otters (6-9 yrs): Sea Otters is a beginning level class designed for the older child with no prior swim lesson experience. Children will be introduced to basic skills such as breath holding, submerging the face, front/back floats and crawl, side breathing, supported kicking, scooping and gliding. Upon successful completion of Sea Otters, students progress to Level 1.

Level 1 (5-9 yrs): Prerequisites: Must have passed Minnows or Sea Otters. Must be able to float and glide unassisted on their back and front (with face in water) for five yards. Skills in elementary backstroke arms and underwater swimming will be strengthened. Will be introduced to coordinated arm strokes and side-breathing for the front/back crawl.

Level 2 (6-12 yrs): Prerequisites: Level 1. Class is taught in deeper water; children must be comfortable swimming without support. Emphasis will be placed on improved side-breathing and endurance for front crawl. Students will be introduced to breaststroke arms and kicks, as well as backstroke kicks.

Level 3 (6-12 yrs): Prerequisites: Must have passed Level 2. The breaststroke and backstroke kick will be strengthened and swimmers will learn to coordinate breaststroke and backstroke arms and legs. Students will be introduced to the sidestroke and treading water. Deep water safety skills will be emphasized.

Waterbabies (6months-2yrs): Parents and children will explore the pool together, sing songs, engage in beginning swimming skills and water safety. Parent participation required.

Private Lessons are also available**.** Children receive one-on-one instruction on specific skills and water safety tailored to their individual skill levels. Private Lessons are (2) thirty minute lessons on Friday and Saturday.

YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES

Course ID	Lesson Title	Lesson Days	Lesson Times	Fees R/NR
7045	Tadpole AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	08:30 AM-08:55 AM	$70.00-$78.00
7052	Tadpole AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:40 AM-10:05 AM	$70.00-$78.00
7054	Tadpole AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	10:15 AM-10:40 AM	$70.00-$78.00
7091	Tadpole AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:05 AM-09:30 AM	$70.00-$78.00
7094	Tadpole AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:40 AM-10:05 AM	$70.00-$78.00
7097	Tadpole AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	10:15 AM-10:40 AM	$70.00-$78.00
7068	Tadpole AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	08:30 AM-08:55 AM	$70.00-$78.00
7073	Tadpole AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:40 AM-10:05 AM	$70.00-$78.00
7076	Tadpole AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	10:15 AM-10:40 AM	$70.00-$78.00
7122	Tadpole AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:05 AM-09:30 AM	$70.00-$78.00
7124	Tadpole AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:40 AM-10:05 AM	$70.00-$78.00
7129	Tadpole AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	10:15 AM-10:40 AM	$70.00-$78.00
7130	Tadpole AM	Aug 03, 04, 05, 06	09:05 AM-09:30 AM	$35.00-$40.00
7133	Tadpole AM	Aug 03, 04, 05, 06	09:40 AM-10:05 AM	$35.00-$40.00



Course ID	Lesson Title	Lesson Days	Lesson Times	Fees R/NR
7058	Tadpole PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:15 PM-06:40 PM	$70.00-$78.00
7066	Tadpole PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:50 PM-07:15 PM	$70.00-$78.00
7103	Tadpole PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	06:50 PM-07:15 PM	$70.00-$78.00
7106	Tadpole PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	07:25 PM-07:50 PM	$70.00-$78.00
7100	Tadpole PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	06:15 PM-06:40 PM	$70.00-$78.00
7079	Tadpole PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:15 PM-06:40 PM	$70.00-$78.00
7082	Tadpole PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:50 PM-07:15 PM	$70.00-$78.00
7109	Tadpole PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:15 PM-06:40 PM	$70.00-$78.00
7113	Tadpole PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:50 PM-07:15 PM	$70.00-$78.00
7117	Tadpole PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	07:25 PM-07:50 PM	$70.00-$78.00
7140	Tadpole PM	Aug 03, 04, 05, 06	06:15 PM-06:40 PM	$35.00-$40.00
7141	Tadpole PM	Aug 03, 04, 05, 06	06:50 PM-07:15 PM	$35.00-$40.00



Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7048	Waterfrogs AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:05 AM-09:30 AM	$70.00-$78.00
7055	Waterfrogs AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	10:15 AM-10:40 AM	$70.00-$78.00
7099	Waterfrogs AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	10:15 AM-10:40 AM	$70.00-$78.00
7067	Waterfrogs AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	08:30 AM-08:55 AM	$70.00-$78.00
7070	Waterfrogs AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:05 AM-09:30 AM	$70.00-$78.00
7077	Waterfrogs AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	10:15 AM-10:40 AM	$70.00-$78.00
7127	Waterfrogs AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	10:15 AM-10:40 AM	$70.00-$78.00
7136	Waterfrogs AM	Aug 03, 04, 05, 06	10:15 AM-10:40 AM	$35.00-$40.00

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7061	Waterfrogs PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	07:25 PM-07:50 PM	$70.00-$78.00
7105	Waterfrogs PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	06:50 PM-07:15 PM	$70.00-$78.00
7086	Waterfrogs PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	07:25 PM-07:50 PM	$70.00-$78.00
7112	Waterfrogs PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:50 PM-07:15 PM	$70.00-$78.00
7146	Waterfrogs PM	Aug 03, 04, 05, 06	07:25 PM-07:50 PM	$35.00-$40.00

YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7051	Minnows AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:40 AM-10:05 AM	$70.00-$78.00
7092	Minnows AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:05 AM-09:30 AM	$70.00-$78.00
7095	Minnows AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:40 AM-10:05 AM	$70.00-$78.00
7075	Minnows AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:40 AM-10:05 AM	$70.00-$78.00
7121	Minnows AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:05 AM-09:30 AM	$70.00-$78.00
7126	Minnows AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:40 AM-10:05 AM	$70.00-$78.00
7134	Minnows AM	Aug 03, 04, 05, 06	09:40 AM-10:05 AM	$35.00-$39.00

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7065	Minnows PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:50 PM-07:15 PM	$70.00-$78.00
7101	Minnows PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	06:15 PM-06:40 PM	$70.00-$78.00
7083	Minnows PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:50 PM-07:15 PM	$70.00-$78.00
7110	Minnows PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:15 PM-06:40 PM	$70.00-$78.00
7144	Minnows PM	Aug 03, 04, 05, 06	06:50 PM-07:15 PM	$35.00-$40.00



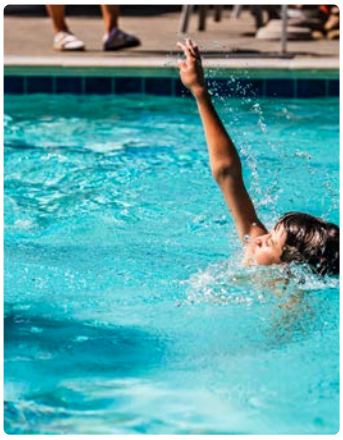


Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7047	Sea Otter AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	08:30 AM-08:55 AM	$70.00-$78.00
7053	Sea Otter AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:40 AM-10:05 AM	$70.00-$78.00
7088	Sea Otter AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	08:30 AM-08:55 AM	$70.00-$78.00
7093	Sea Otter AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:05 AM-09:30 AM	$70.00-$78.00
7096	Sea Otter AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	09:40 AM-10:05 AM	$70.00-$78.00
7069	Sea Otter AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	08:30 AM-08:55 AM	$70.00-$78.00
7074	Sea Otter AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:40 AM-10:05 AM	$70.00-$78.00
7118	Sea Otter AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	08:30 AM-08:55 AM	$70.00-$78.00
7123	Sea Otter AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:05 AM-09:30 AM	$70.00-$78.00
7125	Sea Otter AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	09:40 AM-10:05 AM	$70.00-$78.00
7135	Sea Otter AM	Aug 03, 04, 05, 06	09:40 AM-10:05 AM	$35.00-$40.00

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7059	Sea Otters PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:15 PM-06:40 PM	$70.00-$78.00
7064	Sea Otters PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:50 PM-07:15 PM	$70.00-$78.00
7102	Sea Otters PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	06:15 PM-06:40 PM	$70.00-$78.00
7108	Sea Otters PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	07:25 PM-07:50 PM	$70.00-$78.00
7080	Sea Otters PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:15 PM-06:40 PM	$70.00-$78.00
7084	Sea Otters PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:50 PM-07:15 PM	$70.00-$78.00
7111	Sea Otters PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:15 PM-06:40 PM	$70.00-$78.00
7116	Sea Otters PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	07:25 PM-07:50 PM	$70.00-$78.00
7145	Sea Otters PM	Aug 03, 04, 05, 06	06:50 PM-07:15 PM	$35.00-$40.00



YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES



Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7046	Level 1 AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	08:30 AM-08:55 AM	$70.00-$78.00
7057	Level 1 AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	10:15 AM-10:40 AM	$70.00-$78.00
7089	Level 1 AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	08:30 AM-08:55 AM	$70.00-$78.00
7078	Level 1 AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	10:15 AM-10:40 AM	$70.00-$78.00
7119	Level 1 AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	08:30 AM-08:55 AM	$70.00-$78.00
7131	Level 1 AM	Aug 03, 04, 05, 06	09:05 AM-09:30 AM	$35.00-$40.00
7138	Level 1 AM	Aug 03, 04, 05, 06	10:15 AM-10:40 AM	$35.00-$40.00

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7060	Level 1 PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	06:15 PM-06:40 PM	$70.00-$78.00
7107	Level 1 PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	07:25 PM-07:50 PM	$70.00-$78.00
7081	Level 1 PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	06:15 PM-06:40 PM	$70.00-$78.00
7115	Level 1 PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	07:25 PM-07:50 PM	$70.00-$78.00
7142	Level 1 PM	Aug 03, 04, 05, 06	06:15 PM-06:40 PM	$35.00-$40.00
7148	Level 1 PM	Aug 03, 04, 05, 06	07:25 PM-07:50 PM	$35.00-$40.00



Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7050	Level 2 AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:05 AM-09:30 AM	$70.00-$78.00
7098	Level 2 AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	10:15 AM-10:40 AM	$70.00-$78.00
7072	Level 2 AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:05 AM-09:30 AM	$70.00-$78.00
7128	Level 2 AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	10:15 AM-10:40 AM	$70.00-$78.00
7139	Level 2 AM	Aug 03, 04, 05, 06	10:15 AM-10:40 AM	$35.00-$40.00

Course ID	Lesson Title	Lesson Days	Lesson Time	Fees
7063	Level 2 PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	07:25 PM-07:50 PM	$70.00-$78.00
7104	Level 2 PM	Jun 22, 23, 24, 25, 29, 30/ Jul 01,	06:50 PM-07:15 PM	$70.00-$78.00
7087	Level 2 PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	07:25 PM-07:50 PM	$70.00-$78.00
7114	Level 2 PM	Jul 20, 21, 22, 23, 27, 28, 29, 30	06:50 PM-07:15 PM	$70.00-$78.00
7147	Level 2 PM	Aug 03, 04, 05, 06	07:25 PM-07:50 PM	$35.00-$40.00



Course ID	Event Title	Event Days	Event Time	Fees
7049	Level 3 AM	Jun 08, 09, 10, 11, 15, 16, 17, 18	09:05 AM-09:30 AM	$70.00-$78.00
7090	Level 3 AM	Jun 22, 23, 24, 25, 29, 30/ Jul 01, 02	08:30 AM-08:55 AM	$70.00-$78.00
7071	Level 3 AM	Jul 06, 07, 08, 09, 13, 14, 15, 16	09:05 AM-09:30 AM	$70.00-$78.00
7120	Level 3 AM	Jul 20, 21, 22, 23, 27, 28, 29, 30	08:30 AM-08:55 AM	$70.00-$78.00
7132	Level 3 AM	Aug 03, 04, 05, 06	09:05 AM-09:30 AM	$35.00-$40.00

Course ID	Event Title	Event Days	Event Time	Fees
7062	Level 3 PM	Jun 08, 09, 10, 11, 15, 16, 17, 18	07:25 PM-07:50 PM	$70.00-$78.00
7085	Level 3 PM	Jul 06, 07, 08, 09, 13, 14, 15, 16	07:25 PM-07:50 PM	$70.00-$78.00
7143	Level 3 PM	Aug 03, 04, 05, 06	06:15 PM-06:40 PM	$35.00-$40.00

YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES

FRI/SAT PRIVATE LESSONS $92R/$102NR

June 12 & 13	
Course ID	Lesson Time
7160	06:15 PM-06:45 PM
7158	06:15 PM-06:45 PM
7159	06:15 PM-06:45 PM
7163	06:50 PM-07:20 PM
7161	06:50 PM-07:20 PM
7162	06:50 PM-07:20 PM
7165	07:25 PM-07:55 PM
7166	07:25 PM-07:55 PM
7164	07:25 PM-07:55 PM

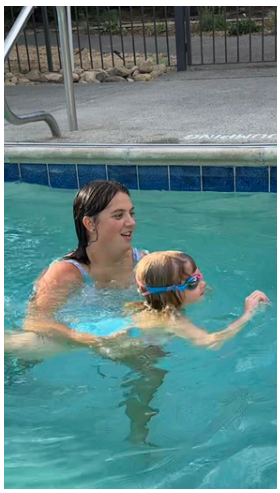
June 19 & 20	
Course ID	Lesson Time
7167	06:15 PM-06:45 PM
7169	06:15 PM-06:45 PM
7168	06:15 PM-06:45 PM
7172	06:50 PM-07:20 PM
7171	06:50 PM-07:20 PM
7170	06:50 PM-07:20 PM
7175	07:25 PM-07:55 PM
7173	07:25 PM-07:55 PM
7174	07:25 PM-07:55 PM

June 26 & 27	
Course ID	Lesson Time
7178	06:15 PM-06:45 PM
7177	06:15 PM-06:45 PM
7176	06:15 PM-06:45 PM
7181	06:50 PM-07:20 PM
7180	06:50 PM-07:20 PM
7179	06:50 PM-07:20 PM
7182	07:25 PM-07:55 PM
7184	07:25 PM-07:55 PM
7183	07:25 PM-07:55 PM

July 10 & 11	
Course ID	Lesson Time
7185	06:15 PM-06:45 PM
7188	06:15 PM-06:45 PM
7186	06:15 PM-06:45 PM
7187	06:50 PM-07:20 PM
7190	06:50 PM-07:20 PM
7189	06:50 PM-07:20 PM
7192	07:25 PM-07:55 PM
7193	07:25 PM-07:55 PM
7191	07:25 PM-07:55 PM

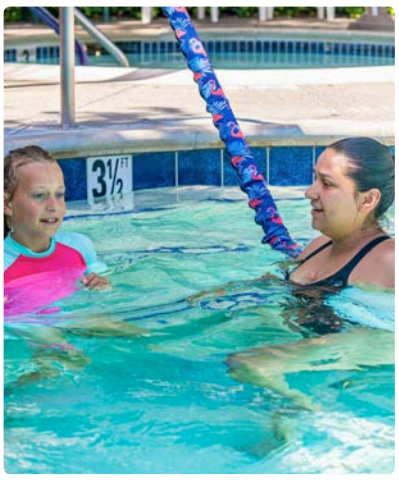
July 17 & 18	
Course ID	Lesson Time
7195	06:15 PM-06:45 PM
7197	06:15 PM-06:45 PM
7203	06:15 PM-06:45 PM
7200	06:50 PM-07:20 PM
7198	06:50 PM-07:20 PM
7199	06:50 PM-07:20 PM
7202	07:25 PM-07:55 PM
7196	07:25 PM-07:55 PM
7201	07:25 PM-07:55 PM

July 24 & 25	
Course ID	Lesson Time
7204	06:15 PM-06:45 PM
7194	06:15 PM-06:45 PM
7205	06:15 PM-06:45 PM
7206	06:50 PM-07:20 PM
7210	06:50 PM-07:20 PM
7208	06:50 PM-07:20 PM
7207	07:25 PM-07:55 PM
7211	07:25 PM-07:55 PM
7209	07:25 PM-07:55 PM



July 31 & Aug 1	
Course ID	Lesson Time
7212	06:15 PM-06:45 PM
7222	06:15 PM-06:45 PM
7213	06:15 PM-06:45 PM
7215	06:50 PM-07:20 PM
7216	06:50 PM-07:20 PM
7217	06:50 PM-07:20 PM
7218	07:25 PM-07:55 PM
7219	07:25 PM-07:55 PM
7221	07:25 PM-07:55 PM

August 7 & 8	
Course ID	Lesson Time
7224	06:15 PM-06:45 PM
7214	06:15 PM-06:45 PM
7223	06:15 PM-06:45 PM
7228	06:50 PM-07:20 PM
7225	06:50 PM-07:20 PM
7226	06:50 PM-07:20 PM
7230	07:25 PM-07:55 PM
7229	07:25 PM-07:55 PM
7227	07:25 PM-07:55 PM



YOUTH SWIM LESSONS
CLASES DE NATACIÓN PARA JÓVENES



Course ID	Lesson Title	Lesson Date	Lesson Time	Fee
7150	Waterbabies	Jun 07, 2026	10:30 AM-11:00 AM	$9.00
7151	Waterbabies	Jun 14, 2026	10:30 AM-11:00 AM	$9.00
7152	Waterbabies	Jun 21, 2026	10:30 AM-11:00 AM	$9.00
7156	Waterbabies	Jun 28, 2026	10:30 AM-11:00 AM	$9.00
7154	Waterbabies	Jul 05, 2026	10:30 AM-11:00 AM	$9.00
7394	Waterbabies	Jul 12, 2026	10:30 AM-11:00 AM	$9.00
7395	Waterbabies	Jul 19, 2026	10:30 AM-11:00 AM	$9.00
7396	Waterbabies	Jul 26, 2026	10:30 AM-11:00 AM	$9.00
7397	Waterbabies	Aug 02, 2026	10:30 AM-11:00 AM	$9.00
7398	Waterbabies	Aug 09, 2026	10:30 AM-11:00 AM	$9.00



Adaptive Aqua Explorers

The immersive nature of water fosters unrestricted movement and joyful play which has proved beneficial for children with special needs. This swim program designates a specific time for children to enhance their balance, social skills, and overall water confidence safely with their parents being present. This program aims to cater to a range of special needs, including Autism Spectrum Disorder, Cerebral Palsy, Down Syndrome, and other physical challenges. Lifeguards will be present, and additional aquatic staff will provide either supervisory oversight or interactive engagement with both children and parents.

SATURDAYS
JUNE 20 - AUGUST 8
4:30- 5:30PM

VAMOS A NADAR



- Una clase de natación gratis para los niños (para 5 años y más)
- Entrenamiento de seguridad acuática para los padres
- Cupón de descuento para siguientes sesiones

SÁBADO
9 DE MAYO
2:30 - 5:00PM

Regístrese en SoCoParks.org/Nadar o llame (707) 565-8034

YOUTH POOL PARTIES

Looking for a COOL way to celebrate your child's special occasion? Check out the Windsor Senior Recreation Center's outdoor Pool Party Package! The 2 hour party package details are as follows:

- Pool parties are for children aged 5 - 12 years old.
- You may arrive at 4:00pm to set up for your party. Party Guests may be in the pool between 4:30pm-6:30pm. Everyone must be out of the pool at 6:30pm. Your party must exit the pool deck by 6:45pm.
- Party Guests may use the WSRC pool noodles, kick boards and swim lesson toys.
- Party Guests are welcome to wear life-jackets or other safety floating apparel.
- Party Guests may not bring outside rafts or blow up riding floaties.
- Pool party guests aged 6+ may use the hot tub with their parents permission for not more than 10 minutes at time.
- Party Guests 10 and under must pass a swim test in order to swim on the deep end.
- The outside picnic area may be used by your party before and/or after your pool swim times.
- You may bring tables/chairs from home to the outside picnic area but WSRC tables and chairs cannot be taken outside the pool gate.
- You may use the WSRC fridge to store your cake or drinks but no other use of the kitchen or building is included in your pool party rental.

Reservations Required

Sundays
4:30 - 6:30pm

$325R/$350NR

Call 707-838-1250 for Reservations

SPECIAL EVENTS
EVENTOS ESPECIALES









ADULT SPORTS
DEPORTES PARA ADULTOS

ADULT MEN'S SOFTBALL LEAGUE
LIGA DE SOFBOL PARA HOMBRES



$750 per team + $50 Sportsmanship Fee
Age 18+
Wednesdays 6:00pm and 7:10pm
Grab your buddies and join us for our Men's Open Softball League! Team Managers meeting will take place **Wednesday, May 20** at 5:30 pm. Games will be played at both Keiser Park - Field A and the Hiram Lewis Softball Field on Wednesday evenings. The season will start on **Wednesday, May 27** and final schedule will depend on the number of teams. For more information or to register, contact Skip Wallace at (707) 838-1267 or swallace@townofwindsor.ca.gov
Held at Keiser Park & Hiram Lewis Park

ADULT CO-ED SOFTBALL LEAGUE
LIGA DE SOFBOL PARA ADULTOS



$750 per team + $50 Sportsmanship Fee
Age 18+
Mondays 6:00pm and 7:10pm
Grab your friends and join us for our Co-Ed Softball League! Team Managers meeting will take place on **Monday, June 8**. The season will start on **Monday, June 15** and final schedule will depend on the number of teams.
For more information or to register, contact Skip Wallace at (707)838-1267 or swallace@townofwindsor.ca.gov
Held at Keiser Park

ADULT BOCCE LEAGUE
LIGA DE BOCCHAS



$200 Per Team
Age 18+
Tuesdays 5:30pm - 8:30pm
Join us for some great outdoor fun playing Bocce this Summer! Team rosters can include up to eight people but only four players per team can play each game. Matches will be held at the Hiram Lewis Park Bocce Courts and league champions will receive a t-shirt. The league will start **Tuesday, May 19** and final schedule will depend on the number of teams. For more information or to register, contact Skip Wallace at (707) 838-1267 or swallace@townofwindsor.ca.gov
Held at Hiram Lewis Park Bocce Courts

ADULT SPORTS
DEPORTES PARA ADULTOS

CO-ED BASKETBALL DROP-IN



BALONCESTO DROP-IN

$5 Drop-In Fee

Age 18+

Mondays 7:00 - 9:00pm

Join us for drop in Basketball, open to all players 18 and older. Participants will check in with Rec staff to sign the waiver and pay the $5 fee. Participants must bring cash and pay at check in. Make sure to bring a ball with you!

Held at the Huerta Gym

CO-ED VOLLEYBALL DROP-IN



VOLEIBOL DROP-IN

$5 Drop-In Fee

Age 18+

Wednesdays 7:00 - 9:00pm

Join us for drop in Volleyball, open to all players 18 and older. Participants will check in with Rec staff to sign the waiver and pay the $5 fee. Participants must bring cash and pay at check in. The net and volleyballs are provided so grab your friends and join us for a game!

Held at the Huerta Gym

CO-ED DROP-IN FLOORBALL



FLOORBALL DROP-IN

$5 DROP-IN FEE

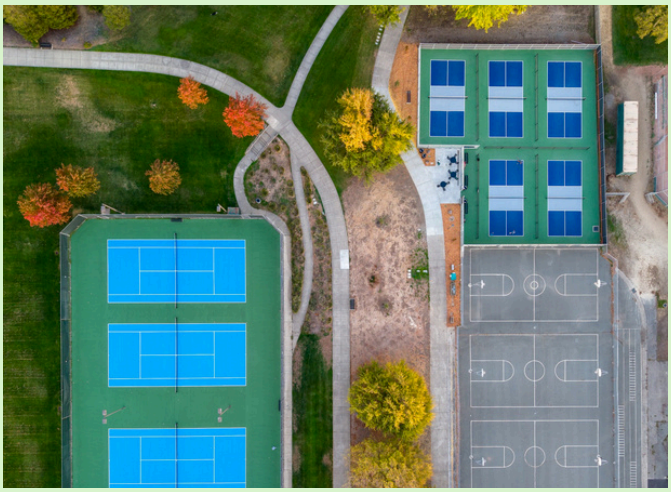
Age 15+

Tuesdays 7:00 - 8:15pm

Learn to play Floorball! Open to all players ages 15 and older. Participants will check-in with Rec staff to sign the waiver and pay the $5 fee. Floorball is fun, fast, and safe, requiring only a stick, sneakers, shorts and a t-shirt to play. Equipment will be provided. Bring your tennis shoes and be ready to have fun!

Held at the Huerta Gym

HIRAM LEWIS TENNIS & PICKLEBALL COURTS



Courts are open for drop-in public use on a first come, first serve basis when not reserved for Town of Windsor use.

Pickleball Court Hours
Daily, sunrise to sunset

Tennis Court Hours
Daily, Sunrise- 9:00pm

WINDSOR CERTIFIED FARMERS MARKET

Windsor Certified Farmers Market
"It's Good for You."

SUNDAYS
9:00 AM - 12:30 PM
OPENING DAY: APRIL 12!
701 MCCLELLAND DR. AT MARKET ST.

ADULT SPORTS
DEPORTES PARA ADULTOS

BEGINNING PICKLEBALL
INICIO DE PICKLEBALL

Age 18+
Instructor: Tom Rennie
USA Pickleball Certified Instructor
Learn to play the fastest growing sport in America on the new Town of Windsor Pickleball courts! This class is designed for first time and beginner players. You will be taught basic fundamentals of the game: rules, basic hitting techniques, serving and keeping score. Each successive class we will go over specific aspects and strategies to improve your game. The last portion of each class will be dedicated to playing full games with your new friends! Loaner pickleball paddles available.

Held at the Hiram Lewis Park Pickleball Courts
Make-up dates will be provided for rain cancellation.

Thursdays
9:00 - 10:00am

Date	Cost	Course ID
May 21 - Jun 11	$100R/$110NR	#7381
Jul 30 - Aug 20	$100R/$110NR	#7383

Thursdays
6:00 - 7:00pm

Date	Cost	Course ID
May 21 - Jun 11	$100R/$110NR	#7382
Jul 30 - Aug 20	$100R/$110NR	#7384





ADVANCED BEGINNER PICKLEBALL
PRINCIPIANTE AVANZADO DE PICKLEBALL

Age 18+
Instructor: Tom Rennie
USA Pickleball Certified Instructor
This class is for those that know the rules, how to keep score, and are ready for the next level. Loaner paddles available.

Held at the Hiram Lewis Park Pickleball Courts
Make-up dates will be provided for rain cancellation.

Thursdays
10:00 - 11:00am

Date	Cost	Course ID
May 21 - Jun 11	$100R/$110NR	#7385
Jul 30 - Aug 20	$100R/$110NR	#7387

Thursdays
7:00 - 8:00pm

Date	Cost	Course ID
May 21 - Jun 11	$100R/$110NR	#7386
Jul 30 - Aug 20	$100R/$110NR	#7388

ADULT FITNESS CLASSES
CLASES DE EJERCICIOS PARA ADULTOS

YOGA
YOGA



Course ID #5982
Drop-In Fee: $10
Wednesdays
6:00 - 7:00pm
18+

All levels and all bodies are welcome to this one hour yoga class. Come breathe, stretch and choose how intense to make the practice based on your own needs. Bring a mat, water and if available a block and strap for stretching. Come reset and center yourself for the rest of the week. No pre-registration required.

Instructed by Diana Latorre
Held at the Windsor Senior Recreation Center

SHINE DANCE
BAILE BRILLANTE



Course ID #7019
Drop-In Fee: $10
Mondays
6:30 - 7:30pm
18+

SHiNE Dance Fitness™ brings original routines to life using hit music and choreography for all-abilities. Rooted in jazz, ballet, and hip-hop, this workout gives you a creative outlet to escape from daily life. Each class includes the perfect balance of high cardio and toning to ensure you receive a full-body workout with real results. You don't have to be "a dancer" to dance with us. This is a drop-in class, no pre-registration required.

Instructed by Laura Roberts
Held at the Windsor Senior Recreation Center

WEEKEND YOGA
YOGA DE FIN DE SEMANA



Course ID #7236
Drop-In Fee: $10
Sundays
9:00 - 10:00am
18+

Dates

May 3, 17 & 21

June 14 & 28

July 12 & 26

August 9 & 23

This is a one hour yoga class at the Windsor Senior Recreation Center is taught by Jessica Jauregui. It's a great class for those who have never tried yoga or have tried it were intimidated. Bring a mat if you have one - but not required as the instructor will provide mats and equipment.

Instructed by Jessica Jauregui
Held at the Windsor Senior Recreation Center

QIGONG
QIGONG



Course ID #6950
Drop-In Fee: $10
Thursdays
6:00 - 7:00pm
18+

Qigong is an ancient Chinese practice that combines gentle, slow-moving exercises with mindful breathing to promote health and overall well-being. Qigong helps improve balance, flexibility, and strength, while also supporting relaxation and stress relief. The movements are simple, low-impact, and easy to follow, making them accessible for all ability levels. Whether you are new to Qigong or have experience, this class offers a supportive space to nurture both body and mind.

Instructed by Laura Staman
Held at the Windsor Senior Recreation Center

ADULT PROGRAMS
PROGRAMAS PARA ADULTOS

PAINT NIGHT

Saturday
4:00pm - 6:00pm
18+

Bring your friends and follow along as you learn to paint fun pieces of art that can be kept or gifted to loved ones. No experience required, and all artistic levels are welcome! Participants will paint on canvas of various sizes with stencil. All paint and supplies are provided. Each class has a unique themed painting.

Instructed by: Brenda Beal
Held at Windsor Senior Recreation Center

Date	Cost	Course ID
May 16 - Evening Forest Glow	$40R/$45NR	#7416
Jun. 27 - Butterfly Soul	$40R/$45NR	#7423
Jul. 18 - Hay Girl, Hay! Highland Cow	$40R/$45NR	#7418
Aug. 15 - Shoreline Star	$40R/$45NR	#7417









ON A HIGH NOTE COMMUNITY CHOIR

Tuesdays
6:00pm - 7:00pm
18+

NEW!

A wonderful opportunity to sing and make music with new friends! Instructed by On A High Note's talented instructors with years of experience, this wonderful program is open to all skill levels - no musical experience required. All music and necessary materials will be provided.

Instructed by: On A High Note
Held at Windsor Senior Recreation Center

Date	Cost	Course ID
Mar 3 - May 26	$100R/$110NR	#7251



VOLUNTEER OPPORTUNITIES



Join us for park volunteer events! Email recreation@townofwindsor.ca.gov to be added to an interest list for future events.

ADULT PROGRAMS
PROGRAMAS PARA ADULTOS

DOG TRAINING
ENTRENAMIENTOS DE PERROS

PUPPY START RIGHT!



Sundays
5 Week Session
1:30 - 2:30pm
18+

Get started on the right paw with your new puppy. Not only will they learn manners cues, we will cover socialization, stages of development, husbandry, puppy management, & minor behavioral issues. Parents learn to be good trainers and advocates for their new family member. Open to puppies up to eight months.

Minimum two rounds of core vaccinations.
Held at the Huerta Gym

Date	Cost	Course ID
May 31 - June 28	**$180R/$190NR**	**#7430**

No Class 5/25

ADULT MANNERS-LEVEL 1



Sundays
5 Week Session
1:30 - 2:30pm
18+

This 5-week session is an introduction to bond-based dog training. Obedience cues taught in this class include: Watch me, Touch, Sit Down, Wait, Stay, Leave it, Place, Come, & walking on leash. We will also cover managing play, basic husbandry and first aid, & strategies for dealing with minor behavior issues.

Proof of vaccinations and rabies certificate required.
Held at the Huerta Gym

Date	Cost	Course ID
Jul. 12 - Aug. 9	**$180R/$190NR**	**#7427**



Instructed by Brian Galindo
NO LIMITS! Service Dog and Obedience Training



LEASH WALKING CLINIC

Sundays - 2 Week Session
1:00pm - 2:00pm
18+

Come join us at Windsor Senior Recreation Center and along the Windsor Creek Trail for a fun clinic on walking with your dog on leash! We will cover:
1)Proper Walking Equipment
2)How to Teach: Heel, Side, Let's Go, Leave it, Go Sniff, & other leash walking cues.
3)Problem Behaviors like pulling, lunging, & reactivity.
Call Brian @ 707-890-2819 with any questions. **Open to all fully vaccinated dogs with no aggression issues.**
Held at the Windsor Senior Recreation Center

Date	Cost	Course ID
Aug. 16 & Aug. 23	**$70R/$80NR**	**#7428**

BECOME AN INSTRUCTOR!

Are you a strong communicator with a talent or skill to share? We want to hear from you! We are looking for instructors to help grow our Adult Program offerings.

Email Skip Wallace at swallace@townofwindsor.ca.gov

WINDSOR SENIOR RECREATION CENTER

9231 FOXWOOD DRIVE, 707-838-1250

RECREATION HOURS

NOVEMBER - APRIL: MON-THUR 9:00AM-4:00PM FRIDAY 9:00AM-1:00PM

MAY - OCTOBER: MON-FRI 9:00AM-6:00PM

ZUMBA GOLD

ZUMBA GOLD



Mondays & Thursdays 9:00 - 10:00am

$6R/ $7NR

Ditch the workout and join the party in this exhilarating dance fitness program designed for older active adults. Easy-to-follow choreography that focuses on functional movement, balance, range of motion and coordination while providing cardio and full body toning.

Instructed by Laura Porter & Teresa Hendrix

SENIOR QIGONG

QIGONG PARA PERSONAS MAYORES



Thursdays 10:15- 11:15am

$6R/ $7NR

Qigong is an ancient Chinese practice that combines gentle, slow-moving exercises with mindful breathing to promote health and overall well-being. Especially beneficial for older adults, Qigong helps improve balance, flexibility, and strength, while also supporting relaxation and stress relief. The movements are simple, low-impact, and easy to follow, making them accessible for all ability levels. Whether you are new to Qigong or have experience, this class offers a supportive space to nurture both body and mind. **Instructed by Laura Staman.**

STRENGTH TRAINING

ENTRENAMIENTO DE FORTALEZA



Tuesdays 10:00 - 11:00am

Tuesdays 11:00am - 12:00pm

Fridays 9:00 - 10:00am

$6R/ $7NR

This class is designed to strengthen major muscle groups and involves some chair work. Basic equipment and weights will be provided. Strength training may enhance your quality of life and improve your ability to do everyday activities. Strength training can also protect your joints from injury. **Instructed by Lilli Inman**

AEROBICS

AEROBICO



Wednesdays 9:00 - 9:50am

$6R/ $7NR

Taught to upbeat music, this class is cardiovascular workout that includes balance work, strengthening and overall stretching. Learn effective steps that are fun and make it easy to enjoy exercise!

Instructed by Lilli Inman

GENTLE YOGA
YOGA SUAVE

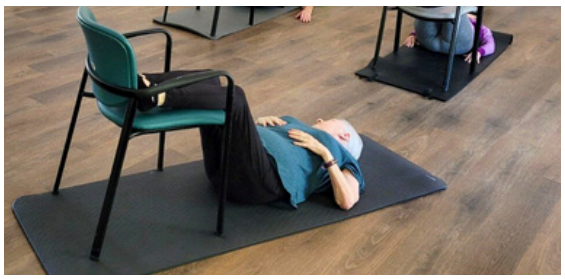


Mondays **11:30am - 12:30pm**

$6R/ $7NR

Join us for a gentle yoga sequence specifically designed to include four key elements for fall prevention: joint mobility, core stability, balance training, and overall strength development. Each session features a combination of seated exercises, standing postures with chair support, and optional mat work to accommodate various mobility levels. Everyone is welcome to participate, regardless of their activity level or personal journey—whether you are managing health challenges, dealing with anxiety, recovering from injuries, or simply seeking greater balance in life.

SENIOR CHAIR PILATES
SILLA PARA PILATES PARA PERSONAS MAYORES



Fridays **11:30am - 12:30pm**

$6R/ $7NR

This gentle-yet-effective Chair Pilates class is designed specifically for active older adults who want to build core strength, improve balance, and move with confidence—all while staying safely seated or using the chair for support. Using breath, mindful movement, and props like balls, bands, and light weights, you'll enhance posture, boost joint mobility, and enjoy playful sequences that leave you feeling strong and uplifted. Perfect for all levels—no mat work required. **Instructed by Jeanette Ethridge**

SIT & BE FIT
SIÉNTATE Y PONTE EN FORMA



Mon, Wed, & Fri **10:15 -11:15am**

$3 Resident/$3 Non-resident

This fun and energizing class combines gentle stretching, balance practice, targeted muscle toning, and range of motion exercises—all done primarily from a seated position. Set to upbeat, lively music, it's the perfect way to move your body and improve overall wellness in a supportive and enjoyable environment! **Instructed by Gay Kirichenko.**

SENIOR PILATES
PILATES PARA PERSONAS MAYORES



Wednesdays **11:30am - 12:30pm**

$6R/ $7NR

This class will focus on the beginning fundamentals of Pilates: balance, posture and safer spine movement. Functional mobility is emphasized to keep the body strong. Pilates helps restore posture by increasing core strength, building muscle tone, improving flexibility, balance and breath capacity. Movements are slow and focused. **Instructed by Jeanette Ethridge**

MAHJONG



Wednesdays - 1:00pm

Free

American mahjong is played with four players and the goal of the game is to be the first, by picking and discarding, to match one's tiles to a specific hand from the annually distributed scorecard. Scoring is done by matching the points assigned to each pre-determined hand on the annually distributed card.

BINGO



Thursdays - 1:30pm - 3:30pm

$1 per card to play

Presented by the "The Windsor Bingo Club". This Bingo game includes coffee and a snack. Researchers around the world have found that playing Bingo has multiple health benefits for older adults. You can build social connections, increase hand-eye coordination, and maintain your cognitive abilities and focus. Overall, it is a very mentally stimulating game.

RUMMIKUB

Tuesdays - 2:00pm

Free

Join our friendly Rummikub group! This classic tile game is a fantastic way to keep your mind active and meet new friends. We'll form runs and sets with colorful numbered tiles, challenging our strategy and memory in a relaxed, social setting. **No Class: 4/14, 5/19, 6/16, 7/14, & 8/18**

BUNCO



2nd Wednesday of the month

1:00pm - 3:00pm

Free

NO EXPERIENCE NEEDED! Bunco is a game of chance, luck, and is lots of fun! If you don't know how to play, don't worry! If you can throw dice, and count, we can teach you! Win Prizes! Bunco is great dice game because it promotes social interaction!

Pre-Register by 2nd Monday of the Month

PINOCHLE



Thursdays - 12:00pm

Free

Learn and enjoy the classic card game of Pinochle in a fun, social setting! Whether you're brand new or an experienced player looking to sharpen your skills, this class welcomes all levels. Come meet new friends, challenge your mind, and enjoy the friendly competition.

SIRS COFFEE GROUP
GRUPO DE CAFE SIRS



Tuesdays - 8:45am- 9:45am

Free

Members of the SIR's Branch meet for coffee and conversation but guests are always welcome. For information on SIR's check out - windsorsirs.org

CARD MAKING CLASS
CLASE DE CREACIÓN DE TARJETAS



Tuesdays - 1:00pm

April 14, May 19, June 16, July 14, August 18

You will receive a kit with all the supplies you need in order to complete 4 all occasion cards just in time to mail or giveaway for any special occasion! ***$20 will be due the day of instruction to the instructor***

QUILTING GROUP
GRUPO ACOLCHADO



Tuesdays - 9:30am

FREE

Enjoy quilting for yourself and community projects with this group of quilters. All levels from beginner to advanced are welcome.

WONDER WOMEN- SUPPORT GROUP
GRUPO DE APOYO A LAS MUJERES MARAVILLOSAS



3rd Wednesday of the Month

10:00am - 11:00am

Free

Wonder Women is a free support group for single and senior women to share experiences, exchange recommendations, and discuss topics- anything from handyperson references to online dating delights and drawbacks. Bring your questions and join us! Facilitated by Sue Finan.

MULTIMEDIA ART
ARTE MIXTA



Fridays - 9:30am - 12:30pm

Resident $8/Non-Resident $8

Learn to paint or draw in the medium of your choice or simply come to improve your technique. With instructor assistance, you will work on and complete your own art projects during class. Please bring the supplies and materials that you will need for your artwork.

Aprende a pintar o dibujar en el medio que elijas o simplemente ven a mejorar tu técnica. Con la ayuda de un instructor, trabajarás y completarás tus propios proyectos de arte durante la clase. Por favor traiga los suministros y materiales que necesitará para su obra de arte.

Instructed by: Rosa Diaz-Serrano

GROUP MUSIC WORKSHOP
TALLER DE MUSICA GRUPAL



Tuesdays - 3:00-5:30pm

FREE

We focus on taking the skills that individuals have developed through private lessons and practice and integrating them into the group music setting. Our goals are to learn how to produce entertainment quality music in a group and to have fun doing so. Open to all interested people of all abilities and experience. Open to all instrumentalists, vocalists, observers, audience, dancers, and non-playing participants.

PING PONG



1st, 3rd & 4th Wednesday of the month
1:00 - 3:30pm

FREE

Ping Pong is a fun and challenging program for all skill levels. Play with friends and family or challenge one of the current Ping Pong players. Table tennis raises the heart rate, helps strengthen muscles, mobilizes the joints and, importantly, sharpens reaction times and hugely improves hand-eye coordination.

MYSTERY BOOK CLUB
CLUB DE LECTURA DE MISTERIO



1st Monday of the month 2:30-3:30pm

FREE

Join us at the Windsor Senior Recreation Center for our book discussion group. Physical copies can either be picked up at the Windsor Library branch during open hours, or you can get a copy of the book at the meeting.

For more info call Vicki: 707-838-1020

DROP-IN COMPUTER, SMART PHONE AND TABLET HELP DESK
AYUDA DE COMPUTADORAS, TELEFONOS INTELIGENTES Y TABLETAS



2nd and 4th Monday of the month
1:00 - 3:00pm

FREE

This program is for individuals who have questions or need help with their laptop computer, tablet or smart phone. Led by volunteers Jim Tubb and Andrea Antonik, participants will have the opportunity receive one on one time to ask their questions.

WINDSOR SENIOR RECREATION CENTER

FREE SEMINARS

FALL PREVENTION



Tuesday, March 31
1-2pm

The risk of falling increases dramatically as we age and can have devastating consequences.
This presentation will address:

- Possible consequences of a fall
- Internal and external factors that increase fall risk
- Simple modifications in our homes that reduce fall risk
- Conversations to have with our doctors and what to do if you fall. Presented by Gabriella Ambrosi- the co-founder, President, and CEO of Sequoia Senior Solutions, Inc.

DRIVING SAFE THROUGH THE AGING PROCESS



Tuesday, April 7
1-2pm

Developed specifically for senior drivers, this 1-hour presentation offers a practical, engaging, and compassionate approach to the challenges of "senior drivers vs. the aging process." We address the sensitive issue of when it may be time to relinquish driving independence, with the goal of not taking away driving opportunities, but providing strategies to recognize and manage diminishing skills—ensuring seniors can remain safe on the road.

WINDSOR READY- TABLETOP EARTHQUAKE EXERCISE

Tuesday, April 14
1-2pm

WINDSOR READY
TALK SERIES

What to do When a Big One Hits- A Tabletop Earthquake Exercise. You will be given a simulated scenario to work on with neighbors. Limited Space- Registration is Required.

SCAMS, AI, & ELDER ABUSE



Tuesday, April 28
1-2pm

In this free seminar, you will learn how to recognize AI generated material, scams, and elder abuse, including examples and how to protect yourself. Presented by Dan Ryan- Redwood Credit Union, Crista Barnett- Senior Advocacy Services, & Amanda Esposti- Windsor PD. Free car safety hammer while supplies last (must be present to receive).

COMMUNICATING WITH A PERSON WHO HAS ALZHEIMER'S DISEASE



Tuesday, May 5
1-2pm

Communicating with a person who has Alzheimer's disease is often challenging, as it involves more than talking and listening - proper tone of voice, facial expression and body language are very important in delivering and receiving messages. As people with Alzheimer's disease and other dementias lose the ability to use words, families need new ways to connect.

IPHONE TIPS & TRICKS



Tuesday, May 12
1-2pm

Join local tech educator Alex Fletcher for a practical, easy-to-follow session designed to help you feel more confident using your iPhone. We'll watch one or two short instructional videos on helpful everyday topics (such as taking better photos, organizing pictures, texting tips, or avoiding common scams), followed by live Q&A where you can ask your own questions. Simple, clear, and designed specifically for seniors.

WINDSOR SENIOR RECREATION CENTER
FREE SEMINARS

HOW TO ASK FOR HELP



Tuesday, May 26
1 - 2pm

This presentation will address what changes to look for in your loved one's home, personal appearance and behavior, that might require some help from a home care provider. Presented by Gabriella Ambrosi- the co-founder, President, and CEO of Sequoia Senior Solutions,

END OF LIFE CHOICES

End of Life CHOICES CALIFORNIA
Your life. Your death. Your choice.

Tuesday, June 2
1 - 2pm

Mary Abbott, a volunteer with End of Life Choices California (EOLCCA), will discuss the importance of sharing your values and end-of-life wishes with loved ones; legal end-of-life options; and the resources and support provided by EOLCCA.

WINDSOR READY- WILDFIRES

WINDSOR READY
TALK SERIES

Tuesday, June 9
1 - 2pm

Hear from the Sonoma County Fire District practical steps to protect your family, home, and community from wildfires. You will learn what to do before a wildfire to be ready and reduce risks, when to evacuate, how to protect yourself and home from wildfire smoke, and more. Whether you're just getting started or need a refresher, this presentation will give you the tools and confidence to be ready for the next wildfire. The talk is free and open to all Windsor residents.

SHOULD I STAY OR SHOULD I GO?



Tuesday, June 16
1 - 2pm

Most seniors believe they don't need to make any changes to their living situation—until a medical emergency arises, forcing them to make urgent decisions about moving and care while under tremendous stress. This presentation helps plant the seeds for proactive planning and covers:

- How to "right-size" your home, move closer to family or a better climate
- Determining your home's valuation, capital gains tax, Prop. 19
- Options for independent living, 55+ communities, assisted living, and memory care
- 84% of seniors want to age in place, in their own home. Learn about in-home care options, costs, and more
- How senior homeowners can increase cash flow, pay for in-home care, and have no mortgage payments

Free snacks will be included!

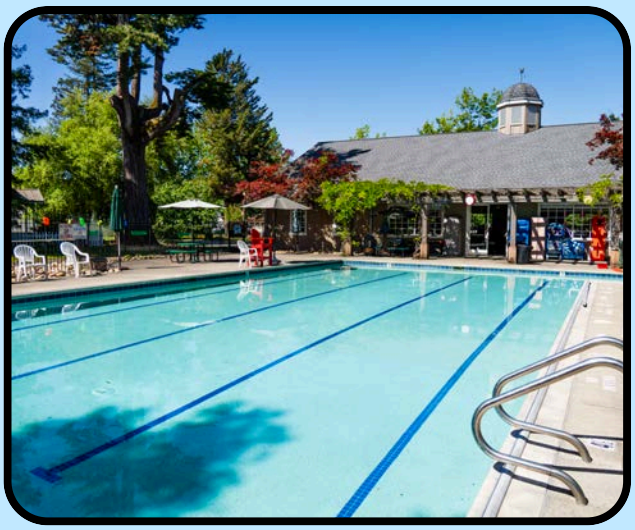
END OF LIFE DOULAS



Tuesday, June 30
1 - 2pm

In this presentation, you will find out more specifics about the service of End of Life Doulas, and when and how to select one. End of life doulas, sometimes known as death doulas, assist in the dying process, much like midwives or doulas do with birthing. They help families cope with dying and can supplement and go beyond hospice. They offer a variety of non-medical services, including end of life planning, facilitating family conversations, and respite care. Presented by Sonoma County End of Life Doula Alliance.

WINDSOR SENIOR RECREATION CENTER



OPEN/LAP SWIM

DROP-IN

50+: $4R/$5NR

18+ PRESCRIPTION: $5R/$6NR

MONTHLY POOL PASS

50+: $40R/$50NR

18+ PRESCRIPTION: $50R/$60NR

GRANDKIDS: $3

(ALLOWED FIRST HOUR OF OPEN SWIM)

POOL OPENS MAY 1

Windsor Senior Center Pool Schedule

MAY 1, 2026 - MAY 17, 2026

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM							
11:00 AM							
12:00 PM	Senior Lap Swim 11:30-12:15pm						Senior Lap Swim 11:30-12:15pm
1:00 PM	Senior Open Swim 12:30-4:00pm						Senior Open Swim 12:30-4:00pm
2:00 PM							
3:00 PM		1/2 Senior Lap Swim 4:00-4:45pm	1/2 Senior Lap Swim 4:00-4:45pm	1/2 Senior Lap Swim 4:00-4:45pm	1/2 Senior Lap Swim 4:00-4:45pm	1/2 Senior Lap Swim 4:00-4:45pm	
4:00 PM							SATURDAY, 5/9, OPEN SWIM ENDS AT 2PM
5:00 PM		Senior Open Swim 4:00-6:00pm	Senior Open Swim 4:00-6:00pm	Senior Open Swim 4:00-6:00pm	Senior Open Swim 4:00-6:00pm	Senior Open Swim 4:00-6:00pm	
6:00 PM							





WATER FITNESS STARTS MAY 19

Water Fitness is a fun way to exercise and improve strength, endurance, flexibility, balance, and sense of well-being. Using the resistance of the water adds an extra "punch" to your workout.

Fees: $7R / $8NR

Age: 50+ or 18+ with physicians note

Instructors:

Monday and Wednesday - Debbie

Friday - Jeanette

Saturdays - Alan

Windsor Senior Center Pool Schedule

MAY 18, 2026 - JUNE 7, 2026

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM		POOL IS CLOSED ON MONDAY, 5/25					
11:00 AM							Water Fitness 10:00-11:00am
12:00 PM	Senior Lap Swim 11:30-12:15pm						Senior Lap Swim 11:30-12:15pm
1:00 PM	Senior Open Swim 12:30-4:00pm	Water Fitness 1:00pm-2:00pm		Water Fitness 1:00pm-2:00pm		Aqua Pilates 1:00pm-2:00pm	Senior Open Swim 12:30-4:00pm
2:00 PM		Lap Swim 2:15-3:00pm	Lap Swim 2:15-3:00pm	Lap Swim 2:15-3:00pm	Lap Swim 2:15-3:00pm	Lap Swim 2:15-3:00pm	
3:00 PM		Senior Open Swim 3:15pm-6:00pm Grandkids 3:15pm-4:15pm	Senior Open Swim 3:15pm-6:00pm Grandkids 3:15pm-4:15pm	Senior Open Swim 3:15pm-6:00pm Grandkids 3:15pm-4:15pm	Senior Open Swim 3:15pm-6:00pm Grandkids 3:15pm-4:15pm	Senior Open Swim 3:15pm-6:00pm Grandkids 3:15pm-4:15pm	
4:00 PM							
5:00 PM							
6:00 PM							



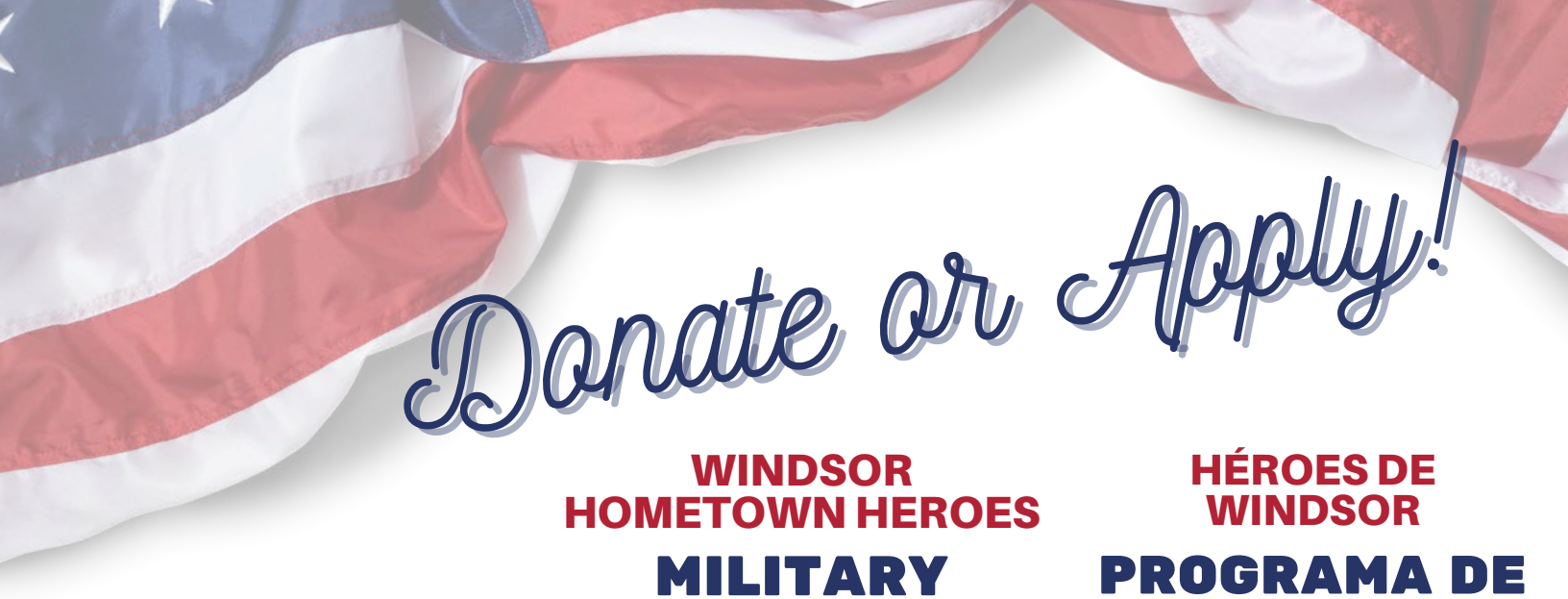
WSRC Multimedia Art Show & Reception

May 23 & 24 10am-3pm

Join us for an elegant weekend of beautiful art work, cards, and crafts created by the WSRC Multimedia Art class.

WSRC CINCO DE MAYO & OPENING POOL PARTY

MAY 5, 2026 | 3:30PM-5PM



Donate or Apply!

WINDSOR HOMETOWN HEROES

MILITARY BANNER PROGRAM

ACTIVE DUTY OR ACTIVE RESERVES ARE ELIGIBLE

BANNERS DISPLAYED ON LIGHT STANDARDS IN WINDSOR

FOR MORE INFORMATION PLEASE CONTACTPARKS AND RECREATION DEPARTMENT
707-838-1260
WWW.TOWNOFWINDSOR.CA.GOV

HÉROES DE WINDSOR

PROGRAMA DE BANDEROLAS MILITAR

SERVICIO ACTIVO Y RESERVAS ACTIVAS SON ELEGIBLES

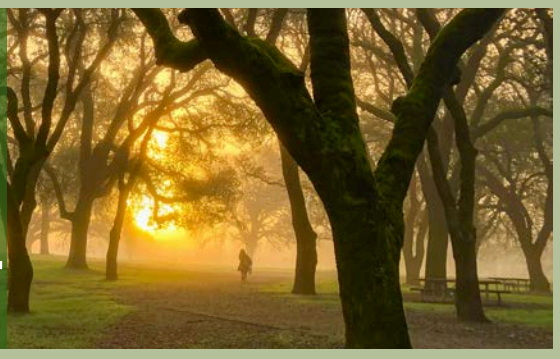
BANDEROLAS EXHIBIDAS EN WINDSOR EN POSTES DE LUZ

PARA OBTENER MÁS INFORMACIÓN, CONTACTE EL DEPARTAMENTO DE PARQUES Y RECREACIÓN
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