Windsor Senior Recreation Center Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am ZUMBA GOLD	8:45 am SIRS COFFEE	9:00 am AEROBICS	9:00 am ZUMBA GOLD	9:00 am STRENGTH TRAINING
10:15 am SIT & BE FIT	9:30 am QUILTING	10:00 am WONDER WOMEN (Every 3rd Wed.)	10:15 am QIGONG	9:30 am MULTIMEDIA ART
11:30 am GENTLE YOGA	10:00 am STRENGTH TRAINING	10:15 am SIT & BE FIT	12:00 pm PINOCHLE	10:15 am SIT & BE FIT
10:30 am MATRICULATE	11:00 am STRENGTH TRAINING	11:30 am PILATES	1:30 pm BINGO	11:30 am CHAIR PILATES
1:00 pm COMPUTER HELP DESK (2nd & 4th Monday)	2:00 pm RUMMIKUB	1:00 pm MAHJONG		
1:30 pm FROM BEAT TO FRET	3:00 pm GROUP MUSIC WORKSHOP	1:00 pm PING PONG (Every Wed. except 2nd)		
2:30 pm MYSTERY BOOK CLUB (Every 1st Monday)		3:00 pm CHI PONG (Every Wed. except 2nd) **BEGINS 11/4**		
		1:00 pm BUNCO (Every 2nd Wed.)		



OFFICE HOURS:

Mon-Thurs 9:00am-4:00pm

Friday 9:00am-1:00pm

(707) 838-1250

9231 FOXWOOD DR

UPCOMING EVENTS

Tuesdays, Nov 3 1:00 pm

FREE SEMINAR

Legal Planning for Later Life

Tuesday, Nov 10 1:00 pm

FREE SEMINAR

Winter Ready & El Nino Update

Tuesday, Nov 10 1:00 pm

Custom Card Making Class

Friday, Dec 4 1:00 pm

FREE SEMINAR

Medicare Choices & Changes

WSRC Multimedia Art Show

Saturday & Sunday, 11/14-11/15

10am-3pm

The WSRC will be closed on:

Wednesday, **11/11**

Monday-Friday, **11/23-11/27**

(707) 838-1250

9231 FOXWOOD DR

Town of Windsor
CALIFORNIA